



University of Mumbai
Department of Information Technology



HEALTHY LIFESTYLE WITH YOGA

Speaker: Prof. Lincy George



Date: 22nd Dec'2023
Time: 10:00 AM to 1:00 PM

**Venue: Room no 301,
University Department of Information Technology,
University of Mumbai, Kalina Campus,
Dr. Shankar Dayal Sharma Bhavan
3rd Floor, Room No. 305, Vidyanagari,
Santacruz(East), Mumbai-400 098**